

THERAPIES AT HARLEY WEEKEND SAT 14 AUGUST



GET A KICK START TO THE DAY!!!

My name is Cheryl and I have been practicing complementary therapies for the past 18 years. I have practiced my therapies at the Wetherby Harley event for the past two years and thoroughly enjoyed it meeting new people. I am looking forward to this year as I introduce 'the chair'!!! yes, this one not to be missed for those of you who need a quick fix!!!

With Reiki being the backbone of all that I offer as it integrates naturally into any therapy, you can enjoy any therapeutic massage with the Reiki healing naturally flowing through!!.

My therapies are based around the total holistic approach and no one person is treated as another, each person is offered an individual package depending on their needs. I have run my own teaching business for the past four years, successfully teaching various therapies, attuning people to Reiki and have a regular list of clients.

At the Harley event Sat 14 August, I am offering;

SIMPLY REIKI (a thoroughly healing and tranquil experience giving you a cleanse from 'inside' to deep cleanse, no removal of clothing necessary)
(40 min session @ £25)

HOT STONE MASSAGE (relax with a head/shoulder, feet, back or hands massage which is carried out using volcanic hot stones and oils to really assist the massage and help skin feel silky and soft.
(20 min session @ £15 or 40 min session £28)

REFLEXOLOGY, working on foot pressure points to assist the removal of any toxins within the body (each part of the foot relates to a body part e.g. inner foot represents the spine so for those who have back issues, this therapy can really assist the removal of back issues (or for those of you who simply suffer from tired feet this massage will help you to wind down).
(40 min session @ £28)

INDIAN HEAD MASSAGE, working on acupressure points on and around the neck and head area, I will massage to offer you a deep relaxing treatment or an invigorating massage alleviating stress, headaches, sinus issues and generally shaking off those cobwebs!

(20 min session @ £15 or 40 min session £28)

SEATED ON SITE ACCUPRESSURE MASSAGE (THE CHAIR!!!)

Whilst seated/supported on a special massage chair, I will massage your back, neck, arms, shoulders and head working on acupressure points. Excellent 'revitaliser' to uplift both body and mind. This is known in the massage as a quick fix massage and can be for 15 to 40 mins!!!!

(15 min session £7, 30 min £12, 40 min £25)

HOPI EAR CANDLING (auricular therapy)

Placing lighted candles in the ear whilst the suction effect of the flame gently assists in the removal of excessive wax, impurities in the ear. Used often for relief of sinus, light hearing problems, vertigo, migraines and many more head/nose/throat ailments.

Ear candling without massage (£18)

Ear candling with pre massage to help unblock throat, nasal, eye congestion
(at least 40 mins, £30)

(because the candles are costly it would assist if any of you do wish to have this, please contact me to book a session so I know how many to purchase and to confirm your booking prior to the weekend, thank you) 077650 38379

Look forward to seeing you

Cheryl (Cher-a-ki)

PRICE LIST SUMMARY

SIMPLY REIKI (40 min session @ £25)

HOT STONE MASSAGE (20 min session @ £15 or 40 min session £28)

REFLEXOLOGY (40 min session @ £28)

INDIAN HEAD MASSAGE (20 min session @ £15 or 40 min session £28)

SEATED ON SITE ACCUPRESSURE MASSAGE (15 min session £7, 30 min £12, 40 min £25)

HOPI CANDLING Ear candling without massage approx 20 mins (£18)

HOPI CANDLING with massage (at least 40 mins, £30)